

Values-Based Practice Advanced Studies Seminar

19th June 2019

St Catherine's College, Oxford, UK

Elderly Wellbeing and Alcohol – A Tricky Cocktail Presentation and Development of a New Approach from an interdisciplinary research group from the University of Southern Denmark

Program

10.00 - 10.15 Morning refreshment

10.15 – 10.30 Welcome and Introduction

10.30 – 10.50 - Jakob Emiliussen, psychologist, post doc: Exploring practices and life quality in nursing homes

This study seeks to investigate experiences of life quality in care homes. This exploration takes its departure in 12 interviews with residents in care homes, care workers and relatives to residents living in care homes. The interviews are analysed systematically using the Interpretative Phenomenological Analysis framework. The goal is to describe the unique views on life quality from multiple aspects and illuminate possible value differences.

10.50 – 11.10 - Regina Christiansen, Ph.D. student: Values in Communication

This study seeks to contribute to the work in ordinary language philosophy with new perspectives on language of values. The presentation will unfold a possible framework to investigate verbal communication among individuals. The focus is on how individuals conceptualize and express values in communication and how this inform the individual's choices and actions and hence the effect it has on the interaction. The overall aim is to uncover how the individual communicate about wellbeing and the differences in values among individuals, through use of an empirical developed tool for handling abstract concepts.

11.10 - 11.30 - Anette Søgaard Nielsen: Alcohol use disorders – from the perspective of the individual

Alcohol use and alcohol use disorders involves a variety of different aspects and values. The presentation will demonstrate examples on how alcohol use disorders are narrated by the individuals, and how certain patterns in the narratives can be discerned. The narratives illustrate what is perceived to lead to drinking, what is perceived to be the consequences of it, and what change is considered appropriate. Thus, knowledge about narratives of alcohol use disorder as described by the individuals themselves is important for understanding the individuals' decisions about change, and what treatment or care – if any - they find meaningful.

11.30 – 11.50 - Søren Engelsen: Value sensitivity in care work

The presentation makes a case for the importance of value sensitivity in care work, as opposed to a mostly intellectual understanding of value. Further, it outlines the contours of a theory of the central conditions

for a qualified value sensitivity. Essential factors include mentalization skills, emotion- and mood-regulation, and a flexible outlook sensitive to changing contexts and conditions.

11.50 – 12.15 - Søren Harnow Klausen: Working with and integrating values and perspectives – Cases from senior care

Much in line with the ideal of values-based practice, the research project *Elderly Wellbeing and Alcohol – A Tricky Cocktail* works from the assumption that senior and health care practices involves a variety of different, and often conflicting, values, and that improving care and wellbeing requires a particular awareness of, and sensitivity to, such values. The presentation will demonstrate how diverse and sometimes conflicting values (including different *types* of value) manifest themselves in senior care practice, which kind of challenges this raises for care professionals, and which kind of challenges it raises for research and development in the field. Particular emphasis will be on the need for a process-oriented approach to values and wellbeing.

12.15 – 13.00 - Comments

13.00 – 14.00 - Lunch

14.00 – 15.00 – Discussion of our theoretical approaches

15.00 - 15.15 Break

15.15 – 16.15 - We would like to discuss the following with participants at the seminar:

- Perspectives on best practice
- Development of “tools” for care workers based on the theoretical framework
- Strategies for implementing our findings into practice
- Our contribution in general to the welfare policy of the municipality

For interest in participation please e-mail Søren Harnow Klausen at harnow@sdu.dk