



Collaborating Centre for Values-based Practice in Health and Social Care. St Catherine's College, Oxford.

The Asklepion Project

Practical Wisdom and the Holism of Healthcare

Wednesday 14th June 2023

This conference aims to stimulate important conversations on the Aristotelian concept of Phronesis (Practical Wisdom) in Medical Education and Healthcare. It will use the ancient Asclepieia as a nexus of ideals to envisage what healing mind, body and spirit really mean and we will explore these ideals in our current contexts.

Convenors: CCVBP and Dr Sabena Y Jameel

Time	Topics	Speakers
9.30	Arrival and Registration	
10.00	Welcome and Introduction	Sabena Jameel
10.05	Collaborative Centre and VPB	Bill Fulford and Ashok Handa
10.20	(1) Phronesis & Asklepion Healing: a nexus of ideals?	Sabena Jameel
10.50	(2) How do values fit with wisdom?	Ed Peile
11.10	Refreshments	
11.30	(3) Aiming for Wisdom and Healing as core concepts: Nurturing Practical Wisdom in Medical Practice	Linda de Cossart
11.50	(4) The spaces between the facts	Flora Smyth Zahra
12.10	Small Group Discussion am	
12.40	Large Group feedback	
13.00	Lunch	
14:00	(5) Healthy connections – cultivating wisdom across individuals, team and organisations through shared characteristics	Jane Gaukroger
14.20	(6) Soul Medicine (pre-recorded for this event)	Edward Tick (Massachusetts, USA)
14.40	(7) An interactive heuristic approach to teaching personhood in holistic healthcare	Ross Bryson
15.00	Small Group Discussion pm	
15.30	Large Group Feedback & Next Steps	
15.55	Closing remarks	Sabena Jameel
16.00	Tea and travel	

	Talk outline	Brief bio
Ashok Handa	Welcome	Prof. Ashok Handa is Associate Professor of Surgery at Oxford University and Consultant Vascular Surgeon at the John Radcliffe Hospital in Oxford. He is the Director for Surgical Education and responsible for the undergraduate curriculum in surgery as well as for assessment. He is Director of the Collaborating Centre for values-based practice in Health and Social Care based at St Catherine's College, Oxford. https://valuesbasedpractice.org/
Bill Fulford	Welcome	Professor Bill (KWM) Fulford is a fellow of St Catherine's College and Member of the Philosophy Faculty, University of Oxford, Emeritus Professor of Philosophy and Mental Health, University of Warwick, Director of the Collaborating Centre for Values-based practice, St Catherine's College, Oxford, and Founder Editor and Chair of the Advisory Board, Philosophy, Psychiatry, & Psychology.
Sabena Jameel	Phronesis and Asklepios Healing: A nexus of ideals	Sabena is still learning and particularly loves learning about wisdom! Sabena is a medical educator, she (still) works as an inner city GP in Birmingham. She was a former Associate Dean for Health Education England (West Midlands) and now an Associate Clinical Professor in Medical Professionalism at the University of Birmingham Medical School. She is also Academic Quality Lead. She completed her doctorate at Birmingham University, this looked at <i>enacted practical wisdom (phronesis) in medical practitioners</i> . https://etheses.bham.ac.uk/id/eprint/12197/
Ed Peile	How do values fit with wisdom?	Ed is Professor Emeritus in Medical Education, University of Warwick, a Fellow of three Royal Medical Colleges in the UK, and was awarded the 2009 President's Medal of the Academy of Medical Educators for his lifetime achievement in medical education. He has also chaired the Education, Training and Standards Committee of the Academy of Healthcare Sciences. Now retired from clinical practice, he remains active in academic life, including researching and publishing on values-based practice.
Linda de Cossart	Aiming for Wisdom and Healing as core concepts: Nurturing Practical Wisdom in Practice	Medical Educator and Director of www.ed4medprac.co.uk Linda continues actively to support her credo that we influence the quality of clinical practice by who we are, how we respond to our responsibilities as clinical Practitioners, and the efforts we make as clinical teachers in Postgraduate Medical Education. She was a consultant vascular and general surgeon and Director of Medical Education at Chester and Associate Postgraduate Dean in Merseyside, UK. As director of Ed4medprac Ltd she has published widely and taught nationally and internationally with Professor Della Fish. She is a visiting professor at the University of Chester and is a former vice-president of the Royal College of Surgeons of England. She was awarded a CBE in the Queen's birthday honours in 2010 for services to medicine and healthcare. Linda's talk I will outline her quest, (how does she teach professional Judgement and clinical thinking to

		<p>surgeons?) and her educational enlightenment in her journey in collaboration with her teacher and colleague in theorising practice, using educational concepts of <i>thinking like a teacher</i>, offering <i>worthwhile education</i> and <i>teaching in the moral mode of practice</i> to create resources and teaching programmes to do this. This has been her educational experience as a surgeon and educational teacher over that last twenty plus years. The key resources she will talk about can be found at https://www.ed4medprac.co.uk/Phronesis&Asklepion.pdf</p>
Flora Smyth Zahra	The spaces between the facts	<p>As a dentist and clinical educator Flora is particularly interested in cross-paradigmatic, interdisciplinary approaches to clinical education and curriculum innovation. She has pioneered embedding arts and humanities in dentistry and across health professions' curricula to improve <i>students' ways of knowing and being.</i> One of her main aims is to try and equip undergraduates for real life practice with some '<i>practical wisdom.</i>' https://www.kcl.ac.uk/people/flora-smyth-zahra</p>
Jane Gaukroger	Healthy connections – cultivating wisdom across individuals, team and organisations through shared characteristics	<p>Jane Gaukroger is an organisational and leadership development and coach working across sectors and with experience in various parts of the health system. Jane's doctoral research focussed on organisational wisdom and she is particularly interested in how we cultivate wisdom at all levels of the system – individual (including leaders), teams, organisations and wider stakeholders. Her own research identified some shared characteristics for an integrated development focus – consciousness, conscience, context, collaboration, compassion and courage. https://cultivatingwisdom.org.uk/</p>
Edward Tick	Soul Medicine	<p>Edward Tick, PhD is a nonfiction writer and poet. He is a transformational healer, holistic psychotherapist, educator and consultant. Edward has been working to heal the invisible wounds of war and violent trauma for over forty years. He is honoured for his ground-breaking work in the spiritual, holistic, and community-based healing of veterans and other survivors of severe violence who suffer PTSD and moral injury. Ed is an expert in Ancient Greek wisdom traditions. Since 1995 he has led more than twenty pilgrimages to Greece, teaching ancient traditions and the use of myth, poetry, tragedy, literature and philosophy for deep soul exploration. His book <i>The Practice of Dream Healing</i> is a classic in depth psychology, offering the most comprehensive modern account of ancient Asklepios dream healing practices and the Western origins of medicine and psychotherapy, and their applications to holistic healing today. His 2023 book is entitled <i>Soul Medicine</i>.</p>
Ross Bryson	An interactive heuristic approach to teaching personhood in holistic healthcare	<p>Ross is a GP who has worked in primary care, both in resource poor countries and in UK, for over 40 years. He has developed whole person medicine through organisational change and enabling spiritual care in General Practice. A model of personhood based in ancient wisdom, facilitates both his clinical practice and his student teaching.</p>

Small Group work questions based on speaker talks

Sabena	<p>1. Asclepieia and Phronesis – mythological pipedreams or a genuine heuristic to support a way forward in Healthcare and Medical Education?</p> <p>2. Depending on your discussion from the above, what can we take from ancient ways?</p>
Ed P	<p>1. In what ways do you think an individual's personal values contribute to their accrual of practical wisdom?</p> <p>2. In what ways do you think that the accrual of practical wisdom could contribute to an individual reframing and developing their personal values?</p>
Linda	<p>1. How does your specialty curriculum introduce the idea of wisdom in practice?</p> <p>2. Do you formally teach phronesis in practice? If not do you think you should?</p>
Flora	<p>1. I've described how I attempt to inculcate phronesis with my students. How can you do this in your own contexts?</p> <p>2. Have you thought about the spaces in which students learn? Does this sort of learning described require new spaces or not?</p>
Jane	<p>1. Does the holism of wisdom suggest a different view of wellbeing/health than we are used to in the organisational context? What is most challenging about it?</p> <p>2. How do we bring wisdom into everyday language/discussion with teams and leaders?</p>
Ed T	<p>1. Do Spiritual based practices have a place in modern healthcare? Why do you think they were cast aside?</p> <p>2. Naturopathic medicine vs Allopathic medicine, Quackery vs Quality - discuss</p>
Ross	<p>1. The GMC states that .. doctors must be able to work collaboratively with patients.. to make clinical .. decisions based on a holistic assessment of the patient and their needs, priorities and concerns, and appreciating the importance of the links between pathophysiological, psychological, spiritual, religious, social and cultural factors for each individual.</p> <p>How does this align with your experience of holism in healthcare?</p> <p>https://www.gmc-uk.org/-/media/documents/dc11326-outcomes-for-graduates-2018_pdf-75040796.pdf%20No14</p> <p>2. Ancient wisdom as found in Asclepieia (healing centres which included concepts of healthiness as well as healing and recovering) or the Hebrew model of personhood, suggests a greater holism in healthcare than the biomedical model.</p> <p>How might you be able to develop holistic healthcare by drawing from this wisdom?</p>

